SENIOR MEALS APRIL 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 TACO SALAD CASSEROLE PEAS & CARROTS TORTILLA CHIPS & SALSA MANDARIN SALAD	3 SWISS STEAK W/ GRAVY BUTTERED POTATOES CARROTS WHOLE WHEAT BREAD APPLE / BROWNIE	4 BARBEQUE CHICKEN AUGRATIN POTATOES CORN O'BRIEN WHOLE WHEAT BREAD ORANGE / COOKIES	5 HOT TURKEY SANDWICH ON 2 SLICES OF WHOLE WHEAT BREAD MASHED POTATOES BROCCOLI / MANGO CHUNKS	6 CREOLE SHRIMP WITH RICE SPINACH WHOLE WHEAT BREAD FRUIT COBBLER
9 CHICKEN FRIED STEAK W/GRAVY WHIPPED POTATOES CAULIFLOWER PEARS WHOLE WHEAT ROLL COOKIES	10 PORK CHOPS SUPREME POTATOES AU GRATIN SEASONED VEGETABLES W/CARROTS WHOLE WHEAT ROLL PEACH COBBLER	11 BEEF BURGUNDY W/MUSHROOMS OVER BUTTERED RICE BANANA SQUASH GREEN SALAD WHOLE WHEAT BREAD APPLE	12 PORCUPINE MEATBALLS ITALIAN GREEN BEANS GREEM SALAD WHOLE WHEAT GARLIC BREAD FRUIT CRISP	13 BIRTHDAY CELEBRATION ROASTED CHICKEN W/GRAVY WHIPPED POTATOES GREEN BEANS MANDARIN SALAD WHOLE WHEAT BREAD CAKE & ICE CREAM
16 TURKEY DOGS ON WHOLE WHEAT BUN POTATO WEDGES CARROT & BROCCOLI MIX FRUIT COCKTAIL OATMEAL COOKIES	17 BAKED HERBED CHICKEN RICE PILAF PEAS AND CORN GREEN SALAD WHOLE WHEAT BREAD APPLE	18 PORK SKILLET W/ RED POTATOES MIXED VEGETABLES WHOLE WHEAT BREAD FRUIT PIE	19 SALSIBURY STEAK RICE BRUSSELS SPROUTS CARROT SALAD WHOLE WHEAT BREAD PEAR	20 WHITE CHILI WITH TURKEY CORN BREAD MUFFIN BROCCOLI FRUIT COBBLER
23 HAMBURGER W/CHEESE ON A WHOLE WHEAT BUN FRENCH FRIES GREEN BEANS FRUIT OF CHOICE	24 CHICKEN CACCIATORE OVER PASTA GREEN SALAD CORN WHOLE WHEAT BREAD FRUIT	25 MEATLOAF W/GRAVY MASHED POTATOES MIXED VEGETABLES WHOLE WHEAT APPLE CRISP	26 ENCHILADA CASSEROLE SPINACH GREEN SALAD WHOLE WHEAT GARLIC BREAD BAKED APPLES	27 BRATWURST ON A BUN SAUERKRAUT SCALLOPED POTATOES GREEN BEANS FRUIT COBBLERS
30 KABOBS RICE PILAF ORIENTAL VEGETABLE GREEN SALAD MANDARIN ORANGE MACADAMIA NUT COOKIE	8 OUNCES LOW FAT MILK OFFERED AT EACH MEAL	<u>Return to Our Meals Page</u>		